

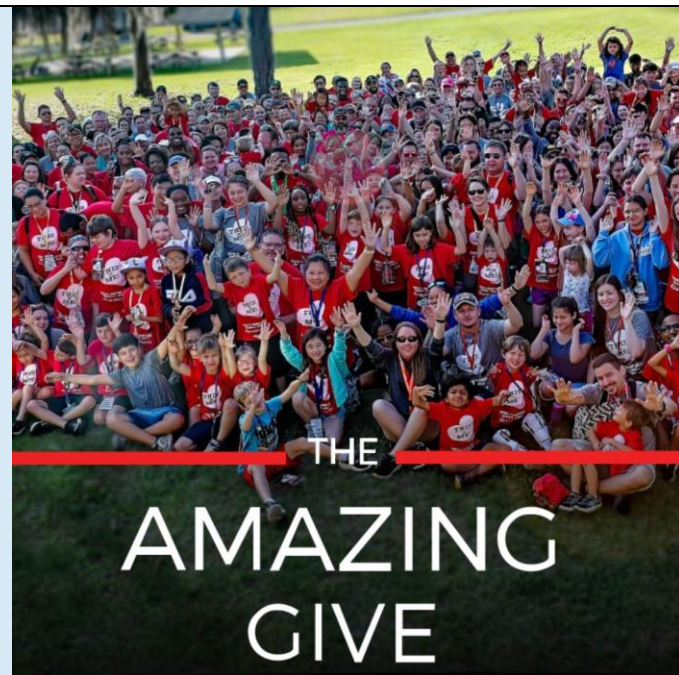


WHERE DIFFERENCE DOES NOT EQUAL DISABILITY



HAND CAMP '23





It is almost time for the Amazing Give, our biggest annual fundraiser. Last year, we raised \$32,325 through the generosity of the Hands to Love community!

WHAT IS THE AMAZING GIVE?

It is a 12-hour online fundraising effort hosted by the Community Foundation of North Central Florida to help nonprofits, like Hands to Love, raise funds to support the organization's mission.

This year the Amazing Give will take place on **April 20th** from 8am-8pm (EST). Throughout the day, we will have matches and challenges to encourage giving and to maximize giving!

GET INVOLVED!

Our goal for this year's Amazing Give is \$70,000! This would fully fund Hand Camp 2024, allowing our wonderful campers to be encouraged and inspired. While this may seem a lofty goal, H2L believes in dreaming big. We have great confidence in our supporters' generosity and commitment to our mission. Please consider the many ways (right column) to get involved in the Amazing Give!

GIVE

The Hands to Love's Amazing Give Webpage opens on April 13th. An email will be sent with the link on that day.

WATCH FOR MATCHES

Matches will occur throughout the day! Giving during that match times means your contribution will be doubled!

FUNDRAISE

Become a peer-to-peer fundraiser by creating your own Amazing Give profile. This will allow you to create your own fundraising goal and tell your own Hands to Love story. Once created and personalized, your profile can be shared via social media, email, text, etc.

We have found that friends and family tend to prefer giving to personal fundraisers rather than to the organizational one. All money raised from peer-to-peer fundraising profiles will be added to the overall total Hands to Love raises on April 20th.

Click on this link for an example of a peer-to-peer profile <https://www.theamazinggive.org/p2p/300691/h2l-traewamplur>

Click on this link for instructions on becoming a peer-to-peer fundraiser: [H2L's Amazing Give Webpage](#) then click "fundraise."

SPREAD THE WORD

Let your friends and family know that Hands to Love is participating in the Amazing Give! fundraiser.

Share posts from Hands to Love's social media pages throughout the day on April 20th.

Copy and paste one of the scripts we will send you (via email) into an email, text, or social media post, then share with friends and family.

THIS IS US!



Hand Camp 2023 was “the best camp ever”! This has been my exclamation since our second camp in 2002 as I drive back to Gainesville from Keystone Heights and check in with my Mom to give her a rundown of the success of the weekend. For the 69 families that traveled from 17 states to enjoy the power packed weekend of triumphs and positive moments, it was! Whether hitting the target at archery, making a project to take home at STEAM, exploring 3-D printed adaptations with the UF GRIP club, climbing to new heights at ropes or putting your signature print on a horse, it was! Whether being inspired by a guest presenter, making a new friend, learning a tip to make your activities at camp or daily living activities back home more successful, or tapping into resources for yourself or your family, it was! Our precious campers and their families made up about half of the over four hundred folks at the Keystone Camp and Conference Center for the weekend of March 31st through April 2nd and the other half was made up of our “H2L Compass Corp”. Last year we gave this name to our collective all volunteer staff that come together to make the weekend possible. I would like to introduce you to this year’s H2L Compass Corp!

Unlike the early years of Hands to Love’s hand camp when all of our volunteers were either University of Florida staff or students, this year we had volunteers from twelve states and Canada! There were Camp Crystal Lake volunteers at ropes, archery and on the water front as well as Boy Scouts helping with operations for the weekend from Troop 473 from Vero Beach, Florida. There were Activity Leaders and Activity Pals, Age Group Program Leaders and Program Assistants and Special Program Leaders and their team all working on the ground throughout the weekend. And as always, our amazing Family Pals were there to support our campers and their entire family! AULDs and Legacies (graduates from the camp program) are woven throughout our H2L Compass Corp in varying positions leading by example and ready to inspire! There were the red hat wearing Health and Safety team, and the pink hat wearing Occupational Therapists as well as the newly recruited OTD students from Indiana University. Another new group of volunteers was the orange hat wearing “H2L Dining Dream Team” lead by Mr. Kevin Griffin... from now on! Logistics and Operations volunteers and the Tech and Photo team kept things flowing throughout the weekend and made magical memories for us as well! And last but by no means least were two dozen parents who volunteered to take shifts to run the H2L Hub and Boutique throughout the weekend!

As I said at the closing ceremonies on Sunday morning at camp, Hands to Love has become a beautiful interwoven fabric of family, a tapestry of love. Hands to Love is made up of many different groups of people who come together with a common purpose of supporting our campers and their families to be the best that they can be. This is truly Us!

Ruthie Dell
Co-Founder of Hands to Love with her husband, Dr. Paul Dell

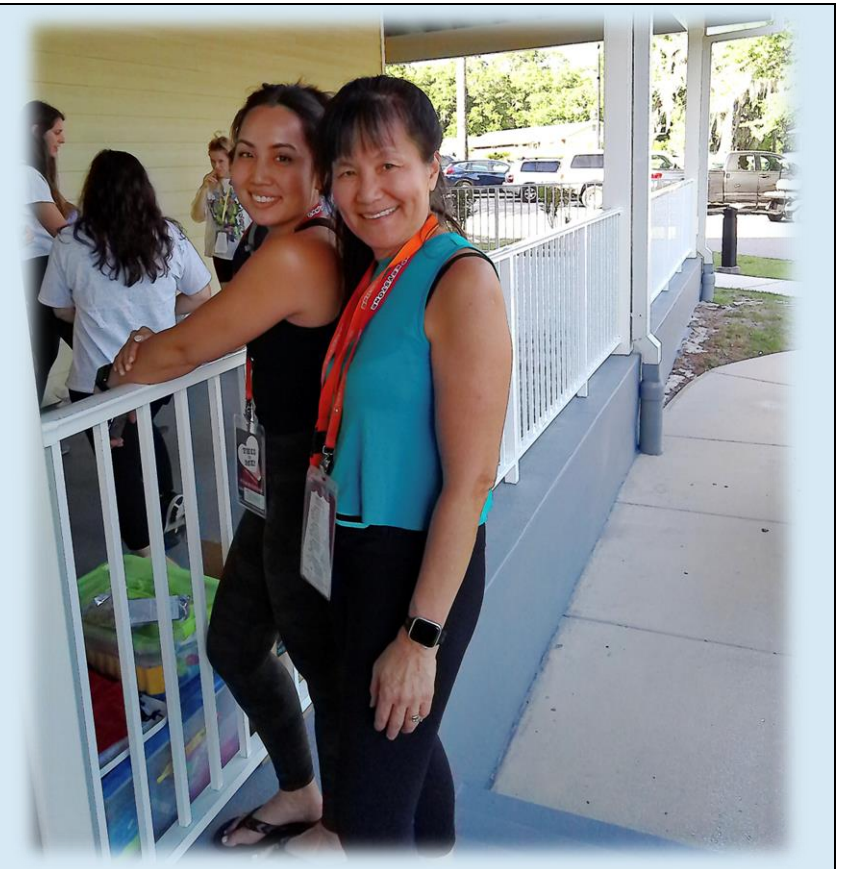
WHY I GIVE

BY MIKI RANAFAN

I have been part of Hands to Love since the very first camp. I've worked with the Department of Hand and Upper Extremity as a PA since 1987, and one of the things I am most passionate about are the children with limb differences.

I give because I see what a positive impact that Hands to Love makes for not only the camper, but also for the families and siblings. The campers are truly an inspiration –they don't let anything stop them from their dreams!

IT IS THE HIGHLIGHT OF MY YEAR!



OUR MISSION IS TO PARTNER WITH FAMILIES TO ADDRESS THE UNIQUE PHYSICAL, SOCIAL AND EMOTIONAL NEEDS OF CHILDREN WITH UPPER LIMB DIFFERENCES THROUGH FUN, SUCCESS-ORIENTED EXPERIENCES FOR THE ENTIRE FAMILY.

OUR VISION IS TO DEVELOP STRONG, CONFIDENT PEOPLE WHO LEAD IN THE WORLD!



Hands to Love is a 501(c)(3) non-profit organization. We strive to provide all H2L events and activities at the lowest possible cost to our families. We rely on the donations of generous supporters like you in providing services to upper limb different youth and their families.

Thank you for helping us make a difference!



SCAN TO GIVE!



MEET MILA LAMBROPOULOS

HAND CAMP H.E.R.O.E.S.

HEART
EMPOWER
RESILIENT
OPTIMISTIC
EMBRACE
SELFLESS



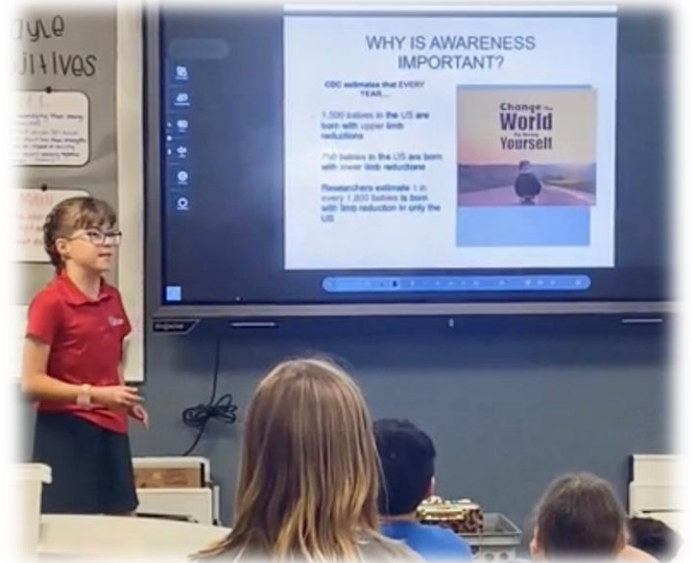
Our HEROES have been identified and nominated by their fellow campers, or other members of the Hands to Love community for the work they are doing to further the mission and vision of the H2L organization. If you know someone who embodies these traits, we invite you to nominate them! Our HEROES review committee reviews each submission to ensure the nominee meets the criteria. To nominate someone, click [here](#).



"We are so proud of Mila for having a positive impact on her community. Thank you, Hands to Love, for helping nurture confidence and kindness!"

~ Gloria Lambropoulos,
Mia's Mom

Mila was inspired after Hand Camp 2022 to encourage kindness and educate her peers. She put together a motivational slideshow about limb differences and, with confidence, Mila presented her slideshow to ten classes at her school!





AT THIS YEAR'S CAMP,
GENERATIONAL RELIEF IN
PROSTHETICS GAVE AWAY:

7 custom devices

4 bonus hands

2 adapted toys

lots of accessible hand jacks

many grippers and utensil
easy-holders

THEY ALSO HOSTED
THESE ACTIVITIES:

canvas painting

slime making

giant Jenga

3d printing demo
(with take home keychain prints)

adaptive toy demos
(take home stickers)

adaptive videogames

3d printing pen activities

ping pong



In terms of thinking to next year, we received over 20 orders at camp! This is more than ever before, and we are excited to get to work.

We would love to hear feedback from you on what we can do better and how we should change what we do next year! Contact us at gripfamilyuf !



THANK YOU, GRIP!